

ACKNOWLEDGEMENTS

We would like to especially acknowledge the contributions of Charlotte Portier, the former Co-ordinator of the project, and Akiko Hart, former Acting Director of Mental Health Europe, who worked on the project in its early stages.

FINANCIAL SUPPORT

We are grateful for the generous financial support from the Mental Health Initiative of the Open Society Foundations which made the publication of this report possible and from the European Union's Equality, Rights and Citizenship programme which provides Mental Health Europe (MHE) with an operating grant.

ADVISORY GROUP

This report could have not been put together without the wisdom and experience contributed by an Advisory Group of representatives of (ex) users and survivors of psychiatry, human rights experts, members of the disability movement, mental health professionals, and academics who provided invaluable comments and advice at all stages of the project and the drafting of the report. We would like to warmly thank the following experts who took part in the Advisory Group:

- Maths Jespersen, PO-Skåne and founding member of the European Network of (ex-) Users and Survivors of Psychiatry (ENUSP)
- Tone Vrhovnik Straka, representing the European Network of (ex-) Users and Survivors of Psychiatry (ENUSP)
- Prof. Dr. Andrea Fiorillo, Board Member of European Psychiatric Association (EPA)
- Christine Ogaranko, Program Officer with the Open Society Public Health Program's Mental Health Initiative
- Jamie Bolling, former Executive Director of the European Network on Independent Living (ENIL) and Co-chair until June 2017 of the European Expert Group on the Transition from Institutional to Community-based Care (EEG)
- Milan Šveřepa, Executive Director of Inclusion Europe and Co-Chair as of June 2017 of the European Expert Group on the Transition from Institutional to Community-based Care (EEG)
- Diane Kingston, former Deputy Director of CBM International and former member of the Committee on the Rights of Persons with Disabilities
- Josée van Remoortel, Mental Health Europe Senior Policy Advisor on Human Rights
- Kristijan Grdan, Chair of Mental Health Europe's Committee on Mental Health and Human Rights
- Prof Julie-Beadle Brown, Tizard Centre, University of Kent

PERSONAL TESTIMONIES FOR UNDERSTANDING EXCLUSION

The section on Understanding Exclusion could not have been put together without people with lived experience providing us with their stories. We are very grateful to everyone who shared their experiences both as named individuals, including Bea Jászberényi, Sabrina Palumbo and Guadalupe Morales, and anonymously. We recognise that for many people the decision to share their stories required substantial courage and trust.

COUNTRY REPORTS

This report is the result of dedicated work from the following individuals and organisations who kindly contributed their expertise, knowledge and time to the report through the provision of information and comments on draft versions of the Country Reports (Annex 1):

Armenia: Open Society Foundations – Armenia

Austria: Pro Mente Austria and Gesundheit Österreich GmbH

Belgium: Vlaamse Vereniging voor Geestelijke Gezondheid (VGGG)

Bosnia and Herzegovina: Haris Haverić, Director of SUMERO (Union of Organizations for Support to the People with Intellectual Disability of Fbih)

Bulgaria: National Centre for Public Health and Analyses

Croatia: Kristijan Grdan and NGO Susret Zagreb

Cyprus: Elise Torossian and Kinisi Proaspisis Dikeomaton Psychika Asthenon (KI.PRO.DI.PS.A.)/Advocacy Group for the Mentally Ill (A.G.M.I.). Information was also provided by the Social Welfare Services under Ministry of Labour Welfare & Social Insurance, the Office of the Law Commissioner and the Commissioner for Administration and Human Rights (Ombudsman)

Czech Republic: Fokus ČR and Národní ústav duševního zdraví (National Institute of Mental Health)

Denmark: Sind (Danish Association for Mental Health) and the Danish Health Authority

Estonia: Ministry of Social Affairs of Estonia

Finland: National Institute for Health and Welfare
Former Yugoslav Republic of Macedonia: Citizen Association for support of people with disabilities SOLEM – Skopje

France: André Bitton, President and Co-Founder of CRPA (Cercle de réflexion et de proposition d'actions sur la psychiatrie), former President of GIA (Groupe Information Asiles); Magali Coldefy, Magali Coldefy, Senior Research Fellow, IRDES, French Institute for Research and Information in Health Economics; Dr. Philippe Leborgne, Bureau Santé Mentale, Direction Générale de la Santé, French Ministry of Solidarities and Health; Simon Vasseur-Bâcle and Bérénice Staedel, WHO CC, French World Health Organization Collaborating Centre for Research and Training in

Mental Health, Lille; Stephanie Wooley, Board Member of Mental Health Europe, ENUSP (European Network of (Ex-)Users and Survivors of Psychiatry), Advocacy-France

Germany: Birgit Görres, Managing Director, and Peter Heuchemer, Referent, from Dachverband Gemeindepsychiatrie e.V.

Greece: Kitty Mylonopoulou and Athina Frangouli from the Society of Social Psychiatry & Mental Health with the support of Sofoulis Tataridis and Panagiota Fitsiou

Georgia: Society of Georgian Psychiatrists and Eka Chkonia, Head of Society of Georgian Psychiatrists

Hungary: Pszichiátriai Érdekvédelmi Fórum (Mental Health Interest Forum) and the Interministerial Committee on Disability, contributed by the Ministry of Human Capacities (State Secretariat for Social Affairs and Social Inclusion, State Secretariat for Health), Ministry of Justice

Ireland: Mental Health Ireland, the Health Service Executive, the Health Research Board and the Mental Health Commission

Israel: Department of Mental Services, Ministry of Health State of Israel. Edited by Batya Leidner RN MA Senior Manager, Housing Services

Italy: Donatella Miccinesi, Italian Association for Mental Health (Associazione Italiana per la Salute Mentale – AISME) and the Italian National Mental Health Platform (Piattaforma Nazionale Italiana della Salute Mentale)

Latvia: Ieva Leimane-Veldmeijere, Director of RC ZELDA

Lithuania: NGO Mental Health Perspectives (Karilė Levickaitė, Aurelija Auškalnytė, Ugnė Grigaitė, dr. Eglė Šumskienė) with the contribution by Prof. Dainius Pūras, the UN Special Rapporteur on the right to health and Dovilė Juodkaitė

Malta: Joseph Borg, Friends of Mount Carmel Hospital Society and Focus Point to MHE; Dr Anton Grech, Chair, Mental Health Services; Ms Therese Runza, Manager Community Mental Health Services

Netherlands: GGZ Nederland (the Dutch Association of Mental Health and Addiction Care)

Poland: Polish Institute of Open Dialogue, Institute of Psychiatry Neurology in Warsaw and Adam Zawisny

6 Acknowledgements

Portugal: Álvaro De Sarmento Afonso, Individual member of Mental Health Europe

Republic of Moldova: Moldovan-Swiss project “MENSANA - Support for the reform of mental health services in Moldova”

Romania: Gabriela Tanasan with the support of Dana Harip, Psychologist; Asociatia Initiative Multidisciplinare AIM/ Multidisciplinary Initiatives Association, Iasi; Simona Carmen Ionescu, Psychiatrist, Romanian Association of Forensic Psychiatry, Iasi; Raluca Sfetcu, Researcher, National School of Public Health, Management and Professional Development, Bucharest; Leyla Safta-Zecheria, PhD Candidate in Political Science, Central European University, Budapest, Project: Away towards the Asylum: Policies and practices of Deinstitutionalisation in the care of people labelled mentally ill in Romania

Serbia: Dragana Ciric Milovanovic and Mental Disability Rights Initiative (MDRI) of Serbia

Slovakia: Alexandra Brazinova, MD, PhD - League for Mental Health Slovakia

Slovenia: ŠENT - Slovenian Association for Mental Health

Spain: Vicente Ibáñez-Rojo and Mikel Munarriz, Asociacion de Profesionales de Salud Mental AEN

Sweden: Maria Nyman, Mental Health Europe

Turkey: Fatma Zenguin, Individual member of MHE and independent living and recovery advocate, and Rusihak, Human Rights in Mental Health Initiative

Ukraine: Viktoriia Tymoshevska from the Public Health Program at the International Renaissance Foundation; Andrey Rokhansky from the Legal Analysis and Strategies Institute; and the Ukrainian Ministry of Health

United Kingdom: Mind UK and Penumbra with additional help from the Mental Welfare Commission for Scotland

TRANSLATION

The collection of testimonies from people with lived experiences was made possible by the following individuals who kindly contributed to the translation of the material so that it could reach a wider audience:

Ágnes Turnpenny, Anel Kulakhmetova, Anna Bierska, Athina Frangouli, Dilara Ertenü, Fatma Zenguin, Gábor Petri, Gabriela Tanasan, Ieva Leimane Veldmejjere, Johannes Parkkonen, Josée van Remoortel, Kitty Mylonopoulou, Kristijan Grdan, Laura Marchetti, Lucie Šišková, Maria Nyman, Mary Van Dievel, Ophélie Martin, Šárka Káňová, Simge Toprak and Tone Vrhovnik Straka.