

About the Coalition for Mental Health and Wellbeing

www.mental-health-coalition.com

What is the Coalition?

Launched in 2012, the [Coalition for Mental Health and Wellbeing](#) brings together Members of the European Parliament committed to the inclusion of mental health in all policies. The Coalition represents the interests of mental health users, persons with psychosocial disabilities, their families, carers, professionals and service providers across Europe. The integrity, user-centredness and independence of this coalition is safeguarded by [Mental Health Europe's](#) own strict ethical rules that reject any funding from the healthcare and related industry.

1/6
1 in 6 people across the EU have experienced mental ill health

What does it do?

In the 9th European Parliament term, the Coalition for Mental Health and Wellbeing will:

1. aim to ensure that positive mental health and wellbeing are high on the EU agenda;
2. support the development and implementation of mental health friendly policies and recommendations in all relevant fields (e.g. education, employment, health, housing);
3. champion mental health and wellbeing from an equity point of view, particularly for people in vulnerable situations such as young people in periods of transition or refugees and migrants;
4. ensure that the rights of persons with psychosocial disabilities are respected through the development of policies in line with EU and international legislation;
5. promote the involvement of (ex)users of mental health services in political decisions at every stage of policy development;
6. contribute to building sustainable, transparent and recovery-oriented mental health systems.

83 mln
83 million people are affected by poor mental health in the EU at any given time

This Coalition will allow MEPs to stand up for positive mental health, advancement of quality of care, and human rights. Through this Coalition, [MHE](#) will support MEPs with:

- formulating amendments to legislative proposals,
- preparing Parliamentary questions,
- drafting their own-initiative reports,
- organising hearings and events related to mental health,
- alerting Coalition members about important developments in relation to mental health and wellbeing at European level.

1/3
1/3 of people with mental health problems do not have access to mental health care

How?

Members of the Coalition will champion the advancement of EU policies which contribute to mainstreaming positive mental health and implementation of accessible, affordable, high-quality and recovery-oriented mental health care based on human rights.

The group meetings will take place at least 3 times a year in order to update on recent policy developments, discuss possible actions, and consider possibilities for users' involvement. Coordination will be ensured by the staff of MHE.

>600 bln
The total costs of mental ill-health are estimated at >4% of GDP. This is >600 bln Euro across the EU28

Data source: OECD, Health at Glance, 2018

Why?

With new political priorities emerging across Europe, it is critical to give the European Parliament Coalition on Mental Health and Wellbeing further momentum so that mental health and comprehensive mental health friendly policies remain at the heart of EU policy making in the upcoming years. **Joining this Coalition, as a Member of the European Parliament, is a strong statement of your commitment to improving mental health outcomes for all Europeans in the most transparent and independent way.**

Interested?

If you are interested in joining Parliamentary Coalition for Mental Health and Wellbeing, please fill in the form at <https://mhe-sme.org/coalition-for-mental-health-interest-form/> and we will get back to you with information on the next steps.

About Mental Health Europe

We advocate for positive mental health and wellbeing and for the rights of people living with mental ill health and we raise awareness to end mental health stigma.

In 2012, MHE launched the Coalition for Mental Health and Wellbeing. Since then, things have moved forward, and MHE has continued to work hard to ensure that mental health is not overlooked when it comes to policy making. With 70+ organisations in 30 countries, MHE is the largest independent European network working on mental health and continuously championing social inclusion, deinstitutionalisation and respect for the human rights of people with psychosocial disabilities and mental health problems.



For more information please contact Marcin Rodzinka, +32 2 227 27 08 / marcin.rodzinka@mhe-sme.org.



www.mhe-sme.org