Mental Health Europe creates Empowerment  
- European Empowerment Seminar -  
24th - 26th September 2019  
VENUE: University Koblenz – Landau, Campus Landau in Landau, Pfalz, Germany)

AGENDA  
Ways to Improve Empowerment at Regional and European Level

Tuesday 24th

15:00-22:00 Welcome  
- Welcoming guests at the hotel and at University – Welcome Party

Wednesday 25th

MORNING  
10:00 – 12:30 How can we improve Empowerment and Participation?

9:30 – 10:00  Reception at University Campus, Landau, Social venue  
10:00 – 10:15 A short welcome (MHE and NetzG and Dachverband) (confirmed)  
10:15 – 10:30 Introduction: Challenges for Empowerment – a personal and regional view  
(Franz-Josef Wagner, Netz-G) (confirmed)  
10:30 – 11.00 Why Peer Support and independent complementary advice matter (Peer- 
Supporter, Ex-In Participants, Users and Professionals) (confirmed)

11.00 - 11.15 Coffee Break

11:15 – 12.45 Workshops and World Café with  
- Karin Römer, Ex-In and Peer Supporter (confirmed)  
- Sarah Barry, Head of complementary independent advice for participation (confirmed)  
- Members of NetzG Rheinland-Pfalz (Network for Self Help on Mental Health in 
Rhineland-Palatinate) (confirmed)

12.45 -13.45 Lunch break
AFTERNOON
13:45 – 15:30 Evaluation and Discussion: Improve Empowerment all over Europe – but how? (confirmed)

15:30 – 15:45 Coffee Break

15.45 – 16:30 Wrap Up Dialogue continues (confirmed)

EVENING
18:00 – 22:00 Dinner and party in Landau

Thursday 26th

9:30 – 10:30 MentALLY: a pilot project focusing on improving European mental healthcare (mentALLY group; confirmed)

10:30 - 13:00 Presentations by ENUSP European Network of (ex)users and survivors of psychiatry (ENUSP)

13.00: Networking Lunch & End of the Empowerment Meeting

Alternatives:

Site visits in the region: participation and empowerment in the palatine region – what we do here?

This event is supported by the European Union Programme for Rights, Equality and Citizenship.