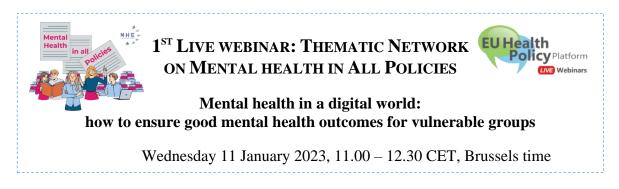


EUROPEAN COMMISSION DIRECTORATE-GENERAL FOR HEALTH AND FOOD SAFETY

Public health, Cancer and Health Security



Dear colleague,

We invite you to join this webinar.

Digitalisation is changing the way we live, the way we work, as well as the way we receive mental health care. The exponential incorporation of digital technologies in our daily lives is likely to have significant impact (both positive and negative) on mental health. It is crucial to be aware of the effects of a transforming and fast-evolving society on mental health, especially of the most vulnerable population groups (e.g., children and adolescents, older people, socio-economic disadvantaged groups, etc.).

The **objective of this webinar** is to share knowledge and experience related to concrete actions carried out to maximise the opportunities and reduce the risks arising from digital technologies, in relation to mental health, with a focus on vulnerable groups.

After an introduction highlighting win-win situations of a "mental health in all policies approach" - i.e., mutual benefits arising from mental health promotion in non-health policy areas - the webinar will then dive deep into the topic of digitalization and mental health, focusing on three areas:

- 1) Living in a digital world "How to ensure safety of online environments for children? examples from practice and policy".
- 2) Working in a digital world "Work-related psychosocial risks in the digital era and good prevention practice"
- 3) Digital mental health care "Digital mental health services for vulnerable groups experiences".

Register to this webinar following <u>this link</u>. Once registered, you will receive a confirmation email from Webex. Please pin it in your calendar. On the webinar day, please open the calendar invitation and click on "join webinar".

This webinar will be held in English and is open to all stakeholders.

The webinar will take place online in the framework of the "<u>Mental Health in all Policies</u>" <u>Thematic Network</u> in the <u>EU Health Policy Platform</u>, led by <u>Mental Health Europe</u>, in partnership with the members of the <u>Mental Health Advocacy Platform</u>, as well as <u>EuroHealthNet</u>, <u>Trimbos Instituut</u> and <u>UNICEF</u>.

Launched in October 2022, the **Thematic Network on "Mental health in all policies"** aims to gather knowledge of what works, what is already happening and what still needs to be done in relation to adopting a "mental health in all policies" approach.

A **Joint Statement** - to be launched in April/May 2023- will provide policy recommendations and suggest possible courses of action to address mental health in all relevant European Union, national and regional policies.

If you have any further questions, please contact sante-hpp@ec.europa.eu

We are looking forward to welcoming you online.

The EU Health Policy Platform team



European Commission Directorate-General for Health and Food Safety Unit B3 – Health monitoring and cooperation, Health networks L 2557 Luxembourg

The EU Health Policy Platform will host this live webinar, following this **agenda**:

11.00 - 11.05	Introduction to the webinar	
	Mental Health Europe	
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11.05 - 11.15	Setting the scene: why mental health in all policies –mutual benefits	
	across sectors	
	David McDaid, London School of Economics and Political Science	
Living in a digital world		
11.15 - 11.25	How to ensure safety of online environments for children? –	
	examples from practice and policy	
	Leanda Barrington-Leach, Director of International Advocacy & Head	
	of European Affairs, 5Rights Foundation	
	of European Arrans, Skights Foundation	
11.25 - 11.35	Q&A – Discussion	
	Moderated by Mental Health Europe	
Working in a digital world		
11.35 - 11.45	Work-related psychosocial risks in the digital era and good	
	prevention practice	
	Sarah Copsey, Project Manager Prevention and Research Unit	
	European Agency for Safety and Health at Work	
	Laropean rigene, for burer, and rieardin at work	
11.45 - 11.55	Q&A – Discussion	
	Moderated by Mental Health Europe	
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Digital mental health care	
11.55 - 12.05	Digital mental health services for vulnerable groups – experiences tbc
12.05 - 12.15	Q&A – Discussion Moderated by Mental Health Europe
12.15 - 12.25	Comments on the Thematic Network work DG SANTE, European Commission
12.25 - 12.30	Closing remarks Mental Health Europe



Register now in the <u>EU Health Policy Platform</u> and join the Thematic Network on Mental Health in All Policies

Live webinars privacy statement

All the information you need on **<u>Public Health Website</u>** Follow us on Twitter @<u>**EU_Health**</u> and join the conversation on **#EUHPP**