1ˢᵗ LIVE WEBINAR: THEMATIC NETWORK ON MENTAL HEALTH IN ALL POLICIES

**Mental health in a digital world:
how to ensure good mental health outcomes for vulnerable groups**

Wednesday 11 January 2023, 11.00 – 12.30 CET, Brussels time

Dear colleague,

We invite you to join this webinar.

Digitalisation is changing the way we live, the way we work, as well as the way we receive mental health care. The exponential incorporation of digital technologies in our daily lives is likely to have significant impact (both positive and negative) on mental health. It is crucial to be aware of the effects of a transforming and fast-evolving society on mental health, especially of the most vulnerable population groups (e.g., children and adolescents, older people, socio-economic disadvantaged groups, etc.).

The **objective of this webinar** is to share knowledge and experience related to concrete actions carried out to maximise the opportunities and reduce the risks arising from digital technologies, in relation to mental health, with a focus on vulnerable groups.

After an introduction highlighting win-win situations of a "mental health in all policies approach" - i.e., mutual benefits arising from mental health promotion in non-health policy areas - the webinar will then dive deep into the topic of digitalization and mental health, focusing on three areas:

1) Living in a digital world - "How to ensure safety of online environments for children? – examples from practice and policy".
2) Working in a digital world – "Work-related psychosocial risks in the digital era and good prevention practice"
3) Digital mental health care – "Digital mental health services for vulnerable groups – experiences".

Register to this webinar following this link. Once registered, you will receive a confirmation email from Webex. Please pin it in your calendar. On the webinar day, please open the calendar invitation and click on "join webinar".

This webinar will be held in English and is open to all stakeholders.

The webinar will take place online in the framework of the "Mental Health in all Policies" Thematic Network in the EU Health Policy Platform, led by Mental Health Europe, in partnership with the members of the Mental Health Advocacy Platform, as well as EuroHealthNet, Trimbos Instituut and UNICEF.

Launched in October 2022, the **Thematic Network on "Mental health in all policies"** aims to gather knowledge of what works, what is already happening and what still needs to be done in relation to adopting a "mental health in all policies" approach.

A **Joint Statement** - to be launched in April/May 2023- will provide policy recommendations and suggest possible courses of action to address mental health in all relevant European Union, national and regional policies.

If you have any further questions, please contact sante-hpp@ec.europa.eu

We are looking forward to welcoming you online.

The EU Health Policy Platform team

European Commission
Directorate-General for Health and Food Safety
Unit B3 – Health monitoring and cooperation, Health networks
L 2557 Luxembourg

The EU Health Policy Platform will host this live webinar, following this **agenda**:

11.00 – 11.05	**Introduction to the webinar** Mental Health Europe
11.05 – 11.15	**Setting the scene: why mental health in all policies –mutual benefits across sectors** David McDaid, London School of Economics and Political Science
	Living in a digital world
11.15 – 11.25	**How to ensure safety of online environments for children? – examples from practice and policy** Leanda Barrington-Leach, Director of International Advocacy & Head of European Affairs, 5Rights Foundation
11.25 – 11.35	**Q&A – Discussion** Moderated by Mental Health Europe
	Working in a digital world
11.35 – 11.45	**Work-related psychosocial risks in the digital era and good prevention practice** Sarah Copsey, Project Manager | Prevention and Research Unit European Agency for Safety and Health at Work
11.45 – 11.55	**Q&A – Discussion** Moderated by Mental Health Europe

Digital mental health care	
11.55 – 12.05	**Digital mental health services for vulnerable groups – experiences** tbc
12.05 – 12.15	**Q&A – Discussion** Moderated by Mental Health Europe
12.15 – 12.25	**Comments on the Thematic Network work** DG SANTE, European Commission
12.25 – 12.30	**Closing remarks** Mental Health Europe

Register now in the EU Health Policy Platform and join the Thematic Network on Mental Health in All Policies

Live webinars privacy statement

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